

Association of
Native Child and
Family Services
Agencies of
Ontario

ANCFSAO



Youth in Transition: Pathways to Independence

*A Resource Guide for Youth
and Workers*

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Child and Family Services Agencies of
Ontario

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About ANCFSAO

ANCFSAO is a membership association made up of twelve Indigenous Child and Family Well Being Agencies, eleven of which are mandated to provide child protective services and all twelve are licensed to provide Residential Services. All our member agencies carry out multi-service functions as delegated by the respective communities they serve and are integrated service providers offering wholistic, wraparound, prevention focused supports. Together, our membership provides services to over 90% of all First Nations Communities in Ontario as well as to the urban Indigenous populations within their jurisdictions.

ANCFSAO acts as a resource in assisting its member agencies towards the provision of high-quality, community-based child welfare and family well-being services to Indigenous people through education and training, policy development and analyses, and research and advocacy.

ANCFSAO offers technical expertise and advice on all matters relating to child and family well-being to the First Nations its member agencies serve.

About this Guide

Ontario's provincial child welfare system is currently undergoing a redesign led by the Ministry of Children, Community and Social Services (MCCSS). Youth in Transition (YIT) has been identified as an area of priority within this work. Over the past year, MCCSS has been working with First Voice Advocates and engaging the Indigenous and Non-Indigenous child wellbeing and welfare sectors to undertake a review of current policies and programs and facilitate feedback for the redesign of the existing frameworks to better support and improve outcomes for youth transitioning out of care. Consultations highlighted the inequitable dissemination and accessibility of information for Indigenous children, youth, families, communities, and agencies serviced by the provincial child welfare system. To address this concern and meet sector need, ANCFSAO has created a resource guide for youth and those supporting them to have the ability to access information on culturally responsive supports more readily.











Indigenous youth have inherent rights outlined and protected in various provincial, federal, and international legislations, such as *An Act respecting First Nations, Inuit and Métis children, youth and families*, *United Nations Declaration on the Rights of Indigenous Peoples*, the *Child, Youth and Family Services Act, 2017*, and treaties/settlement agreements. Indigenous youth in care have an inherent right to take part in making important decisions about their care and how they will be supported during their transition to independence in a safe and supportive way. This includes having access to information, services, and supports that are wholistic and culturally responsive to their physical, emotional/mental, social, educational/vocational, and spiritual needs. In recognizing the multi-facets that attribute to a young person's wholistic wellbeing, this resource guide intends to provide a fulsome overview of the services and supports available to Indigenous YIT in all of these aspects.

This resource guide aims to support youth and those working with and supporting them in their successful transition out of the child welfare system and on their journey towards adulthood and independence. The resource guide is a compilation of services and supports for Indigenous youth across Ontario. The guide also includes various funding opportunities which Indigenous Child and Family Wellbeing agencies and First Nations communities may consider applying for.

How To Use This Guide

This guide offers a variety of user-friendly features to help you navigate and find what you're looking for! Here are some quick tips before you get started:

- Anywhere you see text that is underlined in blue there is a hyperlink. Simply click on the blue writing and the webpage will open up in your internet browser!
- Want to get to a specific section without scrolling through the guide? Use the **Table of Contents** and click on the section you're interested in. This will bring you directly to that page in the guide. This function is also available for any **Appendix**.
- Prefer to have the document read out loud to you? No problem! Open the file in **Adobe** on your laptop or computer. **Follow these steps to activate Read Out Loud:**
 1. On the **View** menu, choose **Read Out Loud > Activate Read Out Loud**.
 2. Again, go to **View > Read Out Loud** and then choose an appropriate option for reading:
 - To read the current page, choose **Read This Page Only**.
 - To read the entire document, choose **Read to End of Document**
- Many of the resources in this guide are multi-services. This means they offer a variety of supports and/or programs beyond the specific section we have placed them under. The following symbols will let you know what else the resource may provide:

SYMBOL	RESOURCE MEANING	SYMBOL	RESOURCE MEANING
	COUNSELLING/SUPPORT		HOUSING
	EDUCATION		LEGAL/JUSTICE
	EMPLOYMENT		LGBT2SQIA+
	FINANCIAL		INDIGENOUS SPECIFIC
	HEALTH		RESEARCH/INFORMATION

Have any questions, suggestions, or feedback on this guide?

We would love to hear from you!

Contact

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Section 1: Housing

1.1 Housing Supports for Youth

360 Kids Youth Housing and Support Workers

360°kids provides Housing Workers for youth aged 16-26 throughout York Region. This service is designed to assist clients in transitioning from one location to another, conducting housing searches, negotiating with landlords, assisting with government applications, providing community referrals, and information on shelters and other similar programs, as well as conducting the intake process to housing programs. [Housing Archives - 360°kids \(360kids.ca\)](https://www.360kids.ca)

Access Point (Greater Toronto Area)

The Toronto Mental Health and Addictions Access Point, referred to as The Access Point, is a centralized point where you can apply for individual mental health and addictions support services and supportive housing. The Access Point provides coordinated access to a large network of service providers through one application and intake assessment process.

Visit the website for more information: <http://theaccesspoint.ca/>

Brantford Native Housing

- **Youth Transitional Housing (Ehnita House):** This program is offered to Indigenous Youth aged 16 - 21 who are experiencing homelessness or are at-risk of homelessness. Residents can participate in the Transitional Housing Program until the age of 21 years old.
- **Urban Native Federal Housing Program**
- **Provincial Housing Program**
- **Non-Government Housing**
- **First Nation, Inuit, Métis Urban and Rural Program (FIMUR)**

Visit their website to learn more about the housing programs:

<http://www.brantfordnativehousing.com/housing-programs.htm>

Canada-Ontario Housing Benefit (COHB)

This program provides a direct, monthly payment to eligible households towards their rental expenses. Your benefit amount will be reviewed annually and may increase or decrease as a result of changes to your income or if you move to another location. The 2022 COHB Program is accepting applications as of April 1, 2022. [Contact your local Service Manager](#) for details on eligibility requirements and how to apply.

For a full list of regional contacts see [Appendix A](#) and [Appendix B](#). For more government of Ontario housing information, including COHB: <https://www.ontario.ca/page/affordable-housing-ontario>

Connect Youth Inc.

The Youth Housing Program offers a wide range of services for youth who are currently experiencing or at risk of homelessness in Leeds & Grenville. This agency operates 5 transitional apartments for youth aged 16-24 with units located in Prescott, Spencerville, Kemptville and Brockville. The units are designed to provide short term (21-day) stays and intensive case management for youth. Housing support workers assist residents with basic need items, life skills education, referrals to community agencies and assistance with searching for long term housing. Services are also provided on an outreach basis for youth at risk of homelessness. <https://connectyouth.ca/homeless-youth-initiative/>

John Howard Society Youth Housing (Ottawa and surrounding regions)



- ***A Different Street Housing Program:*** provides affordable accommodation and support to homeless or unstably housed young men, aged 16 to 21 upon entry to the program, who are justice-involved or at risk of being so.
- ***Windrose Supportive Housing Program:*** provides affordable accommodation and support to homeless or unstably housed female youth (cis-gender, non-binary and transgender), aged 16 to 24, single or parenting, aged 16 to 24, who are justice-involved or at risk of being so.

<https://johnhoward.on.ca/ottawa/services/housing/>

Native Canadian Centre of Toronto: Indigenous Transitional Housing Program



Saswaanhs (The nest) - Indigenous Transitional Housing Program provides supportive housing for Indigenous youth with mental health concerns. The program also provides social, wellness, recreational, cultural, and spiritual services. <https://ncct.on.ca/>

Native People of Sudbury Development Corporation



Provides housing opportunities for Native families, Elders, single individuals, and couples in Sudbury and Espanola, Ontario. They provide:

- Safe, good quality rental housing
- Geared-to-income rents
- Tenant liaison services

[Native People of Sudbury Development Corporation - Native Housing in Sudbury and Espanola Ontario](#)

Niagara Region Supportive Housing Programs



- ***Transitional Housing:*** long-term, service-intensive, and more private than emergency shelters. However, stays are limited to three to 18 months, depending on the population being served. This program is meant to provide a safe, supportive environment where residents can overcome trauma, begin to address the issues that led to homelessness or kept them homeless, and begin to rebuild their support network. Supports that help individuals move towards independence are available on and off-site. Contact the following service providers for eligibility.
 - [Bethlehem Housing and Support Services](#)
 - [Boys and Girls Club of Niagara](#)
 - [Canadian Mental Health Association, Niagara Branch](#)
 - [The Hope Centre](#)
 - [Matthew House](#)
 - [Port Cares](#)
 - [Start Me Up Niagara](#)
 - [YWCA Niagara Region](#)
- ***Housing First:*** recovery-oriented approach to ending homelessness. It focuses on quickly moving people experiencing chronic homelessness into independent and permanent housing. It also provides additional supports and services as needed. The Housing First program in Niagara is for eligible individuals. Individuals must be referred to the program by a Regionally funded agency.
- ***Home for Good:*** helps individuals with complex needs achieve and maintain housing stability. The program also supports the Province of Ontario's goal of ending chronic homelessness by 2025 by providing supportive housing to individuals within the province's Home for Good priority areas. The priority areas are chronic homelessness, youth homelessness (aged 16-24 years) and Indigenous homelessness.

<https://www.niagararegion.ca/housing-homelessness/supportive-housing-programs.aspx>

Ontario Aboriginal Housing Services



Ontario Aboriginal Housing Services is a corporation with a mandate to provide safe and affordable housing to urban and rural First Nation, Inuit, and Métis people living off-reserve in Ontario.

- ***The Mkaana-wii-giwe'aad (Finding Their Way Home) Program*** is a more intensive rent supplement program with support workers and youth program engagement is required;
- ***New Beginnings*** offers financial support for first and last month rental deposits
- ***Ontario Priorities Housing Initiative (OPHI) Homeownership Program***

For information on the various programs and supports available for youth, adults, and communities please visit OPHI website.

<https://www.ontarioaboriginalhousing.ca/programs/mkaana-gii-we-add-program>

Pauline's Place (Sault St. Marie area)



Provides access to safe, affordable housing for male youth aged 16-17, female youth aged 16-21, women, and families who are experiencing crisis and homelessness. <https://www.paulinesplacessm.org/>

StepStones' Youth Support Services Program



StepStones' Youth Support Services Program serves young people aged 15-24 who are in and transitioning out of the foster care and child welfare systems with little to no support in their lives. This program provides early intervention and preventative programming to ensure youth who are marginalized and vulnerable achieve safe, long-term housing in order to be successful at school and in the workforce, increase community connections and supportive networks, and reduce future risks of re-entering the group home and shelter systems.

Young people are assisted in locating housing options, attending rental viewings, negotiating with landlords, procuring furniture and home necessities, and moving into and setting up their new spaces. StepStones ensures youth are able to meet monthly rental payments long-term through employment support, budgeting assistance, and housing subsidies when required.

<https://www.stepstonesforyouth.com/our-programs/homelessness-prevention/>

Tewegan Housing for Aboriginal Youth




Ottawa-based transitional home for First Nations, Inuit, and Métis women, ages 16 to 29. We provide a safe, culture-oriented environment where women can celebrate their traditions and acquire skills that will help them in life. This program offers a wide range of programs and services including cultural programs, financial planning, outreach supports, counselling, assistance finding permanent housing and more. <https://www.teweganhousing.ca/>

Wabano Youth Housing & Homelessness



Indigenous Youth Housing and Homelessness program is open to First Nations, Inuit, and Métis youth aged 16-29 years old who are homeless or at risk of becoming homeless. Case Managers work with each youth to ensure that they succeed in their transition to sustainable and independent living.

<https://wabano.com/advocacy-and-support/housing-and-homelessness/>

Youth Opportunities Unlimited (YOU) (London and surrounding regions) 

- **Cornerstone Housing:** Affordable, supportive transitional housing for youth.
- **340 Housing:** The Children’s Aid Society (CAS) of London Middlesex has identified an urgent need for housing for youth over the age of 16 aging out of care. Through partnership with CAS, YOU is able to offer supportive, transitional housing to these youth.
- **Housing First for Youth Mobile Team and Rapid Re-Housing:** works with the city's coordinated access system to support youth experiencing homelessness. Youth in both programs receive intensive client-centered supports in both finding and maintaining housing in the community.
- **Housing Case Manager:** Youth experiencing homelessness or precarious housing will receive support in the form of advocacy, locating affordable housing, and connecting with the appropriate supports.

<https://www.you.ca/housing-services>

Youth Services Jeunesse 

The long-term housing program is a steppingstone towards independence. The program has one-bedroom, two-bedroom, and bachelor units available in buildings in the east, west and central Ottawa. All buildings are accessible via public transit. Rent is affordable or geared to income (non-profit).

Each tenant is assigned to a case manager who works with them to identify their needs and connect them with the appropriate services. Counsellors provide crisis intervention support, individual counselling, referrals to other community services and help setting and achieving personal goals, such as attending school or finding a job.

<https://www.ywb.ca/services/community-and-housing-services/housing-and-shelter/long-term-housing-program/>

DID YOU KNOW?

Ontario 211 is a free helpline that connects you to community and social services in your area 24 hours a day, 365 days a year, in over 150 languages. This includes various housing-related supports including getting help in finding housing as well as available rental units, emergency shelters with open beds, transitional or semi-supportive housing programs and services in your region. Simply dial 211 on your phone to speak with a resource navigator or visit the website!

[Browse All Topics | Community and Social Services Help Line \(211ontario.ca\)](#)

1.2 Housing/Tenant Rights and Advocacy

Advocacy Centre for Tenants Ontario 

The Advocacy Centre for Tenants Ontario (ACTO) is a specialty community legal clinic with a provincial mandate to advance and protect the interests of low-income tenants. They specialize in housing issues related to tenants in Ontario. ACTO is a non-partisan and non-governmental advocacy organization. Their client community includes a broad range of people living on low incomes who do not own their homes including residential tenants, members of non-profit housing co-operatives, homeless people and those who rent homes not subject to the Residential Tenancies Act. <https://www.acto.ca/>

Creating Roots: Housing Education and Advocacy

Creating Roots is a non-profit organization dedicated to working with agencies to provide *RentSmart* housing education, 24/7 housing mentorship, moving day supports and housing starter kits to youth as young as 15 who are preparing to leave care. They also have a unique and custom roommate matching system to place people together in living situations effectively and successfully. They are an all-inclusive web of support that will work with youth for the rest of their lives. Creating Roots never closes your file. Talk to your worker today about signing up for Creating Roots! <https://www.creatingrootscanada.ca/>

Ontario's Landlord and Tenant Board (LTB)

The LTB resolves:

- disputes between residential landlords and tenants
- eviction applications filed by non-profit housing co-operatives

The LTB also provides information about its practices and procedures and the rights and responsibilities of landlords and tenants under the *Residential Tenancies Act*. For information about your landlord or tenant rights and responsibilities or to learn more about LTB applications and processes, use [Navigate Tribunals Ontario](#).

Visit the Tribunals Ontario website for more information: [Landlord and Tenant Board | Tribunals Ontario](#)

Tenant Rights in Ontario Regarding Bed Bugs

Learn more about your rights, what you can do and where to go for help.

[Bed Bug Tenant Rights](#)

1.3 Funding Opportunities for Indigenous Communities and Agencies

Miziwe Biik Development Corporation (GTA)

Delivers new affordable rental units and home ownership loans in the Greater Toronto Area. The Indigenous Supportive Housing Program (ISHP) has been designed to be administered by Indigenous organizations for Indigenous people in need of housing and support services. The program makes available \$30 million in annual funding beginning in 2022-23 and is divided into two streams: 1) Base ISHP stream; and 2) Mental Health and Addictions (MHA) stream. Visit the website for more information on eligibility requirements and application documents: [MBDC | Miziwe Biik Development Corporation](#)

Ontario Aboriginal Housing Services (Outside the GTA)

- ***The Indigenous Supportive Housing Program (ISHP)*** is a component of the Supportive Housing Investment, which was developed by the Ministry of Municipal Affairs and Housing (MMAH). ISHP is specifically designed to be administered by Indigenous organizations for Indigenous people in need of housing and support services. ISHP Capital Funding is to be used to increase the supply of physical long-term supportive and transitional housing units.
- ***Mental Health and Addictions (MHA) funding:*** This funding will be used to support the operations of new supportive housing units within the Indigenous-led community housing sector through the allocation of up to \$7,312,500 in annual MHA operating funding.

For more information on eligibility requirements and application documents:

<https://www.ontarioaboriginalhousing.ca/programs/housing>

Section 2: Education and Employment

2.1 Education Supports to Finish High School

Adult Learning: Ontario High School Diploma

This webpage offers valuable information for individuals 19 years of age or older who want to earn high school credits towards their Ontario Secondary School Diploma (OSSD) or need prerequisite credits to enter postsecondary education or apprenticeship training. Visit the website to learn more about how to register and use the map of school board locations to find an adult high school credit program near you!

[Adult learning: Ontario high school diploma | Ontario.ca](#)

Independent Learning Centre (TVO ILC)

Ontario's largest online high school offering flexible, affordable high school courses that suit all lifestyles and learning needs. <https://www.ilc.org/>

Indspire's Rivers to Success Program

The Rivers to Success (R2S) program will provide a strong support system to ensure the sustained success of Indigenous students as they graduate and go on to become the leaders of tomorrow. In R2S, students will have access to Elders, Indigenous mentors, Indigenous Laureates, and Indigenous Building Brighter Futures alumni. Connecting with these resources will enable students to prioritize their own development, seek out exciting opportunities, and ultimately achieve success in their chosen fields – all while maintaining essential connections to their cultures and communities.

[Rivers to Success | Indspire](#)

Stay Home for School Program

This program provides funding to caregivers so they can provide a stable home for youth to complete their education after turning 18 if they require more time to finish high school.

Eligibility

Youth must:

- Be 18 or have their 18th birthday on or after June 15th, 2016, and the youth must be:
 - eligible for and participates in a Continued Care and Supports for Youth (CCSY) program
 - enrolled and participating in high school to achieve Ontario Secondary School Diploma (OSSD) or equivalency
 - registered in a minimum of two credit courses per semester

Youth do not need to apply for this program as they would already be receiving services from a Children's Aid Society. If youth are approaching their 18th birthday and need extra time to complete high school, youth should discuss this option with their society worker.

[Support for youth in the child welfare system | Ontario.ca](#)

2.2 Post-Secondary Education Supports

Canadian Roots Exchange (CRE) Peer Program

The Peer Program is a 4-year program that aims to advance the personal and professional capacity of Indigenous youth (18-29). The program is specifically designed for youth across Canada who have limited access to education and employment experience. The program will work with each youth participant to collaboratively identify their needs, goals, and priorities and will connect them with experts, facilitate access to supportive education opportunities and offer transition into the workplace as a professional.

<https://canadianroots.ca/programs/peer-program/>

Children’s Aid Foundation of Canada

Foundation scholarships, Ted Rogers fund, and assistance with application fees.

<https://www.cafdn.org/for-youth/educational-support#1501178116931-d5e77653-0cd3>

Clark Bursary Program (through OACAS)

Young people 16-30 years old, who are pursuing post-secondary education, employment, or skills development programs (College or University degree, diploma or certificates, trade and apprenticeships, or professional certifications) and require financial assistance are eligible for the Clark Bursary Program.

Detailed eligibility criteria and application information are available here:

<http://www.ontarioyouthcan.org/clarkbursaryprogram/>

Full Tuition Coverage for Youth Leaving Care from Participating Colleges and Universities

This program covers tuition costs for current/former Extended Society (Crown wards) who are or were eligible for the Continued Care and Support for Youth (CCSY) program.

Participating Colleges:

- | | |
|---|--|
| <ul style="list-style-type: none"> • Collège Boréal • Cambrian College • Canadore College • Centennial College • Conestoga College • Confederation College • Fleming College | <ul style="list-style-type: none"> • Humber College • La Cité Collégiale • Lambton College • Northern College • Sault College • Sheridan College • St. Lawrence College |
|---|--|

Participating Universities:

- | | |
|---|--|
| <ul style="list-style-type: none"> • Algoma University • Brock University • Carleton University • Lakehead University • Laurentian University • McMaster University • Nipissing University • OCAD University • University of Ontario Institute of Technology • University of Ottawa | <ul style="list-style-type: none"> • Queen’s University • Ryerson University • Saint Paul University • Trent University • University of Guelph • University of Toronto • University of Waterloo • University of Windsor • Western University • Wilfrid Laurier University • York University |
|---|--|

Indigenous Institutes

Indigenous institutes partner with colleges and universities to offer students degree programs, apprenticeships, certificate programs and diploma programs. Some Indigenous institutes also provide secondary school programming, continuing education, literacy, and basic skills training. Indigenous institutes may also offer Native Language education programs. Contact the following institutes or learn more on their websites:

- [Anishinabek Education Institute](#)
- [FNTI \(First Nations Technical Institute\)](#)
- [Kenjgewin Teg Educational Institute](#)
- [Iohahi:io Akwesasne Adult Education Centre](#)
- [Oshki Pimache-O-Win: The Wenjack Education Institute](#)
- [Ogwehoweh Skills and Trades Training Centre](#)
- [Seven Generations Education Institute](#)
- [Shingwauk Kinooomaage Gamig](#)
- [Six Nations Polytechnic](#)

Indspire

- **Bursaries and Scholarships:** Indspire provides financial support for First Nations, Inuit, and Métis students across Canada to assist them in completing their post-secondary education. Application deadlines are February 1st, August 1st, and November 1st.
- **Teach for Tomorrow:** encourages and supports First Nations, Inuit and Métis students to fulfill their ambition to become teachers.

<https://indspire.ca/programs/students/>

Ontario Postsecondary Application Fee Reimbursement Program

If you are, or were, an Ontario child in extended society care (formerly an Ontario Crown ward) who wants to go to college or university, you can be reimbursed for the cost of applying to college or university programs.

<https://www.ontario.ca/page/ontario-postsecondary-application-fee-reimbursement-program>

Ontario Student Assistance Program (OSAP)

- **Living and Learning Grant (LLG):** This grant provides financial aid for a maximum of four years to youth who are engaged in post-secondary education and training between the ages of 18-24 who left care in Ontario or were a Crown ward adopted on or after August 1st, 2013. Youth can receive up to \$2,000 per semester during the school year to help with their living costs. Students are automatically considered for the LLG when they submit a full-time OSAP application.
- **Bursary for Students with Disabilities**
- **Indigenous Student Bursary:** This bursary is available to full-time and part-time postsecondary students attending publicly assisted colleges and universities in Ontario or an approved Indigenous institute in Ontario.
- **Ontario Indigenous Travel Grant:** This grant assists with the cost of travelling between your remote First Nations community and the postsecondary school that you attend.

Learn more about the various OSAP funds and eligibility requirements here:

<https://www.ontario.ca/page/osap-for-under-represented-learners>

Youth in Care Canada: Resource Portal

Visit their website and search through the resource portal for youth in care, including post-secondary information for each province. <https://youthincare.ca/resources/>

2.3 Employment, Training and Workshops

Aboriginal Labour Force Development Circle (ALFDC)

The ALFDC is comprised of First Nations communities, both on-reserve and in urban areas that come together for mutual support in employment and training. The ALFDC provides employment and training programs and services through seven Local Delivery Mechanisms (LDMs) located throughout Ontario. These LDMs were established during the “Pathways to Success” federal Aboriginal Employment Training Strategy and as a result have developed considerable expertise in the delivery of employment and training programs and services to Aboriginal people over the past several years.

List of Service Provider (LDM’S)

- [Alderville First Nation](#)
- [Batchewana Employment and Training](#)
- [Gezhtoojig Employment and Training](#)
- [Huron Area Aboriginal Management Board](#)
- [Kagita Mikan Aboriginal Employment and Training Inc.](#)
- [Mississaugas of the New Credit Employment & Training](#)
- [Miziwe Biik](#)

Learn more about the ALFDC services and supports here: <https://alfdc.on.ca/>

DID YOU KNOW?

The ALFDC also funds childcare/daycare centres for the First Nations associated with the Local Delivery Mechanisms. Learn more here: [Daycare Centres | ALFDC | Aboriginal Labour Force Development Circle](#)

Canadian Indigenous Peoples Job Seekers Portal (formally known as Aboriginal Careers.ca)

This employment portal is fully dedicated to assisting Aboriginal job seekers to research and acquire opportunities to develop their careers including training resources, skill development, ‘how-to’ guides, and 1,000s of Aboriginal job postings

[Careers.Indigenous.Link](#) | your Source to 1000's of Career Opportunities

Canadian Roots Exchange (CRE) Indigenous Youth Policy School

The school provides space for Indigenous youth (aged 18-29) to engage with peers through interactive in-person and online sessions on a local and national level. The program is designed to meet the needs of each individual student’s strengths through a flexible curriculum and continuous support to ensure their version of success throughout the program is achieved.

This is a tuition-free program with no academic or professional requirements. Youth can be at any level of learning and understanding about policy (brand-new to policy, or with a baseline); the program will help ensure everyone starts at the same place. Indigenous youth are given the tools to ensure their priorities are advanced and perspectives are reflected in policies that matter most to them.

<https://canadianroots.ca/programs/Indigenous-policy-school/>

Financial Literacy Online Training (CAFC)

The Children’s Aid Foundation, in collaboration with the Prosper Canada Centre for Financial Literacy, developed an online financial literacy training for youth transitioning out of the child welfare system so they are better able to successfully manage money and debts, and to begin building assets.

<https://www.cafdn.org/for-youth/financial-literacy-online-training/>

Indspire's R2S Career Transition Stream

Designed for Indigenous students who are preparing to graduate and enter the working world, the Career Transition (CT) stream prepares them for this significant transition with proven strategies and quality resources: job-hunting techniques, health and wellness resources, vocational training, financial literacy and more. Youth will get the chance to share quality one-on-one mentorship with an Indigenous role model who can help them stay grounded as they prepare to take this next step on their personal path to success. [Career Transition Stream | Indspire](#)

Métis Nation of Ontario (MNO)

MNO's website offers a wide selection of job search, training, and resource links. The Education & Training Branch now provides a full range of employment training programs and supports for the educational success of all Métis across Ontario beginning in early childhood, continuing through kindergarten to Grade 12 and to post-secondary education and into adulthood. This includes the Métis Youth Program and the Summer Career Placement Program.

[Education & Training - Métis Nation of Ontario \(Métisnation.org\)](#)

[Métis Youth Program - Métis Nation of Ontario \(Métisnation.org\)](#)

NPAAMB Indigenous Youth Employment & Training

Provides skills development and training opportunities for urban Indigenous youth in Southern Ontario. They bring together, develop, and motivate young Indigenous talent by respecting their diverse cultural identities and working closely with the communities they serve. <https://npaamb.com/>

Outland Youth Employment Program (OYEP)

A national network of land-based education, training, and work opportunities for high school-aged Indigenous youth. OYEP is a six-week work experience providing training and education in a supportive space that replicates various work environments. <https://www.oyep.ca/>

Sioux Hudson Literacy Council Good Learning Anywhere

Good Learning Anywhere (GLA) provides online distance learning opportunities for adults in Ontario to assist them in upgrading their reading, writing, math, computer, and other essential skills so they can reach their educational, employment, and personal goals. Funded by the Ministry of Training, Colleges and Universities, GLA is the Aboriginal Lead for eChannel and provides access to culturally relevant online learning. Courses can be taken at home or online from the community's local online learning centre. Technical support is provided along with online instruction and mentoring. There is no charge for these courses.

[GLA | Good Learning Anywhere](#)

Trent Aboriginal Cultural Knowledge and Science (TRACKS) Youth Program

TRACKS is an educational program based on Michi Saagig Anishnaabeg territory. It is hosted by Trent University within the Indigenous Environmental Studies and Sciences Program (IESS) and operates in partnership with founding partner organization Kawartha World Issues Centre and the First Peoples House of Learning. TRACKS consists of two distinct and connected programs:

- o [Education](#)
- o [Oshkwazin Indigenous Youth Leadership](#)

Visit the website to learn more about TRACKS: <https://www.tracksprogram.ca/>

Youth in Transition: Pathways to Independence (Train-the-trainer workshop for workers and curriculum/program for youth)



Through the foundation of the 7 Grandfather teachings this training is designed to support Indigenous youth through their transition into independent living. There are 7 modules each focusing on an important aspect of skill development such as self-awareness, personal wellness, service navigation, budgeting, cultural awareness, and personal safety. Youth in Transition training is designed to be create an inclusive learning environment through the making and sharing of meals and using a Circle approach environment with multiple community partners. This training focuses on youth being champions of their own lives with concrete information and tools to strive for a balanced wholistic life.

The **train-the-trainer session** for this curriculum is offered by ANCFSAO several times throughout the year. It is designed to support those within the agency working with youth to deliver this curriculum either as a group or 1-1 sessions format.

Please email the training department should anyone within the agency be interested in attending a training session. ANCFSAOTrainingDepartment@ancfsao.ca

Section 3: Community and Cultural Supports

2-Spirited People of the 1st Nations

2-Spirited People of the 1st Nations provide prevention education and support for 2-Spirit, including First Nations, Métis and Inuit people living with or at risk for HIV and related co-infections in the Greater Toronto Area. Their work is based on Indigenous philosophies of wholistic health and wellness.

<https://2spirits.org/>

Adoption Council of Ontario's Never Too Late (NTL) Initiative

NTL's mission is to promote and facilitate safe, unconditional, caring, and supportive permanent connections for youth who are at risk or have aged out of the child welfare system. A young person who ages out of care does so without the one thing they were promised when they entered foster care – people to support them and guide them through life who are not paid to be there— “Humans” in NTL language. The NTL program was co-founded by young people who believe every young person has a right to permanency. Their belief is that every single young person has the right to belong with people who love and value them unconditionally throughout their life. Through this program, NTL works to recruit, connect, educate, and train, support and advocate, to give back to young people who have aged out of care, the chance to have a family to rely on, no matter their age. Never Too Late initiatives include:

- Recruitment and education/preparation of families/people who want to be NTL parents/Humans
- Support and connection for young people who have aged out of care.
- Support and connection for people/families who have become the permanent connection for a young person at age 16 or older.
- Collaborating and working with youth serving organizations who are interested in finding connections and working with young people on these crucial relationships.

Visit their website for more information: <https://adoption.on.ca/ntl/>

Aunties & Uncles Indigenous Wraparound Program (in partnership with NTL)

Aunties and Uncles came together to promote and facilitate unconditional, caring, and supportive permanent connections, safety, and belonging, for Indigenous youth who are at risk of or have aged out of the child welfare system. They focus on promoting community connection and cultural grounding, providing youth with a strong foundation to support them on their journey to becoming strong Indigenous men and women. The aunties and uncles are here to help guide, support, and never give up on the youth. Serving Waterloo Region and surrounding area.

<https://auntiesunclesIndigenouswraparound.ca/home>

ANCFSAO's Youth Culture Retreats

Every year ANCFSAO hosts (either in person or-in recent years–virtually) a program for our Indigenous youth that takes place around the end of summer or beginning of fall. This program helps connect youth who may not have exposure to their culture a chance to immerse and learn about themselves and the world around them. In 2022, ANCFSAO will be hosting two youth retreats: Juniors Retreat (ages 10-13) October 14-16; Seniors Retreat (ages 14-18) October 26-28.

See [Appendix C](#) for the Save the Date flyer and stay tuned for more information! Visit the link to sign up for the email list and be the first to receive information on how to register:

[JR & SR CULTURAL RETREATS EMAIL LIST \(office.com\)](#)

Anishinabek Nation Youth Culture Camp



The Youth Culture Camp (YCC) program is funded by the Ministry of Heritage, Sport, Tourism and Culture Industries. Since its inception in 2018, the program has created culturally relevant experiences that revitalize cultural knowledge in the Indigenous youth population ages 8-29 years old.

Program Activities: overnight winter camping; survival and land-based workshops; language workshops; beading and other traditional craft workshops; trapping, hunting, and fishing teaching; medicine walks and plant identification. <https://www.anishinabek.ca/youth-cultural-camps/>

CRE Culture & Wellness Program



The Culture & Wellness Program offers 5 day-long workshops that bring together ceremony, traditional teachings, Indigenous healing, non-verbal arts-based activity, and attachment to repair insecure attachment, develop strong boundaries, healthy relationships, and identity among Indigenous youth with significant life experience. This program builds the capacity of Indigenous youth to create their own path for their healing journey and self-actualization by repairing insecure attachment, developing strong boundaries, healthy relationships, and identity.

<https://canadianroots.ca/programs/cultural-wellness-program/>

Family Well-Being Programs



Family Well-being programs deliver holistic, culturally safe, prevention and community-based programming and safe spaces for Indigenous children, youth and families based on local needs and priorities.

The Family Well-Being program is co-developed and co-delivered with First Nations, Inuit, Métis and urban Indigenous partners. The co-developed long-term objectives of the program include:

- ending violence against Indigenous women and girls;
- reducing the need to bring Indigenous children and youth into the child welfare and youth justice systems; and
- improving the overall health and wellbeing of Indigenous communities.

The Family Well-Being program is offered across Ontario at 250 service delivery sites. For more information, please contact:

- [Anishinabek Nation/ Union of Ontario Indians](#)
- [Association of Iroquois and Allied Indians](#)
- [Chippewas of Rama](#)
- [Grand Council Treaty #3](#)
- [Independent First Nations](#)
- [Inuuqtiit Inuit Children's Centre](#)
- [Métis Nation of Ontario](#)
- [Mississaugas of the New Credit](#)
- [Mohawk Council of Akwesasne](#)
- [Nishnawbe Aski Nation](#)
- [Ontario Federation of Indigenous Friendship Centres](#)
- [Ontario Native Women's Association](#)
- [Six Nations of the Grand River](#)
- [Tungasuvvingat Inuit](#)

DID YOU KNOW?

First Nation, Métis and Inuit youth may be entitled to funding, supports and services within their communities. If you are supporting an Indigenous youth, it is important to connect them with their home communities through Band Reps, Chief and Council, etc.

Unsure where to start or who to contact?

Use the Ontario First Nations Maps to locate First Nation communities (listed by band number and cultural affiliation i.e., Algonquin, Cree, Ojibway), Tribal Councils, reserves, political organizations (i.e., Union of Ontario Indians, Grand Council Treaty 3), and land covered by specific treaties.

<https://www.ontario.ca/page/ontario-first-nations-maps>

Indigenous Child and Family Wellbeing Agencies



Each of the following Indigenous Child and Family Well-Being Agencies provides culturally relevant services to the First Nations they serve, including using their own service models, customary care agreements, and self-governance models. They are focused on honouring the traditions, history, and customs of their communities and providing services that are rooted in their values, principles, and strengths.

[Anishinaabe Abinoojii Family Services](#)

Phone: [807-468-6224](tel:807-468-6224)

[Dilico Anishinabek Family Care](#)

Phone: [1-855-623-8511](tel:1-855-623-8511)

[Dnaagdawenmag Binnoojiyag Child and Family Services](#)

Phone: [1-844-523-2237](tel:1-844-523-2237)

[Kina Gbezhgomi Child and Family Service](#)

Phone: [1-800-268-1899](tel:1-800-268-1899)

[Kunuwanimano Child and Family Services](#)

Phone: [1-800-461-1293](tel:1-800-461-1293)

[Mnaasged Child and Family Services](#)

Phone: [519-289-1117](tel:519-289-1117)

[Native Child and Family Services of Toronto](#)

Phone: [416-969-8510](tel:416-969-8510)

[Nogdawindamin Family and Community Services](#)

Phone: [1-800-465-0999](tel:1-800-465-0999)

[Payukotayno James and Hudson Bay Family Services](#)

Day Phone: [705-336-2229](tel:705-336-2229)

After-Hours Phone: [1-866-615-1681](tel:1-866-615-1681)

[Tikinagan Child and Family Services](#)

Phone: [1-800-465-3624](tel:1-800-465-3624)

[Niijaansinaanik Child and Family Services](#)

Phone: [705-763-2200](tel:705-763-2200)

[Weechi-it-te-win Family Services Inc.](#)

Phone: [1-800-465-2911](tel:1-800-465-2911)

Unsure where to start or who to contact?

Find out which Ontario Indigenous Child and Family Well Being Agency is near you:

<https://ancfsao.ca/home/find-an-Indigenous-child-and-family-well-being-agency/>

Native Women's Association of Canada (NWAC): Restoring the Circle Program

A free, self-led e-learning program that provides trauma-informed, culturally safe, and intersectional services for, to, and with 2SLGBTQ+ Indigenous people with lived experience of gender-based violence.

- **Part 1** focuses on recognizing and celebrating the diversity of human sexuality and gender identity, and developing an understanding of the histories, cultural strengths, resilience, and challenges faced by 2SLGBTQ+ Indigenous people in the context of ongoing colonization and intersectional discrimination.
- **Part 2** focuses on exploring the impacts and manifestations of intersectional discrimination on 2SLGBTQ+ peoples in the context of service provision and introduces frameworks and tools to support service providers in mitigating these impacts.

[Restoring the Circle - Overview \(restoringthecirclenwac.ca\)](https://restoringthecirclenwac.ca)

Ontario Federation of Indigenous Friendship Centres (OFIFC)

The OFIFC represents the collective interests of 29 Friendship Centres in cities and towns across the province. Friendship Centres are places for community members and Indigenous people living in urban spaces to gather, connect with one another and receive culturally based services. Friendship Centres improve the lives of urban Indigenous people by supporting self-determined activities which encourage equal access to, and participation in, Canadian society while respecting Indigenous cultural distinctiveness.

Unsure where to go?

To find an Indigenous Friendship Centre near you, go to www.ofifc.org and click on Friendship Centres-Find a Centre.

Ontario Native Women's Association (ONWA)

ONWA is a not-for-profit organization to empower and support all Indigenous women and their families in the province of Ontario through research, advocacy, policy development, and programs that focus on local, regional, and provincial activities. ONWA delivers culturally enriched programs and services to Indigenous women and their families regardless of their status or locality. They are committed to providing services that strengthen communities and guarantee the preservation of Indigenous culture, identity, art, language, and heritage so that all Indigenous women, regardless of tribal heritage, may live their best life.

To learn more about ONWA's services, programs, and upcoming events visit their website:

[Indigenous Women's Services | Ontario Native Women's Association \(onwa.ca\)](https://www.onwa.ca)

Outward Bound Canada: Programs for Indigenous Youth and Adults

For more than 25 years, Outward Bound Canada's programs for Indigenous youth and adults have provided an opportunity for First Nation, Métis, and Inuit participants to come together to experience Outward Bound. Through the Open-Enrolment Programs, Indigenous participants from diverse communities are given the opportunity to challenge themselves, share knowledge, and gain skills in a new environment. Through their Custom Group Programs, Outward Bound Canada collaborates with Indigenous communities and organizations to develop inspiring and valuable programs that combine the philosophy of Outward Bound and the goals of the communities involved.

<https://www.outwardbound.ca/program/programs-for-Indigenous-youth-and-adults/>

Outward Bound Funding for Indigenous Youth

Do you identify as First Nations, Métis, or Inuit? You can also apply for Outward Bound Canada's RBC Future Launch Leadership Award for Indigenous Youth or Programs for Indigenous Youth.

CONTACT:

1-888-688-9273 ext. 222

admissions@outwardbound.ca

Tungasuvvingat Inuit



Tungasuvvingat Inuit is an Inuit-specific registered not-for-profit Ontario service provider offering social support, cultural activities, employment and education assistance, youth programs, counselling, crisis intervention and more. In total, they offer nearly 30 integrated, front-line services. The goal is to be a one-stop resource and support center to meet the rapidly growing, complex, and evolving needs of Inuit in Ontario. <https://tiontario.ca/about-ti>

United Native Friendship Centre



The United Native Friendship Centre is dedicated to enhancing the lives of Native and non-Native people in our community and surrounding area. Its primary responsibility is to serve Aboriginal people with special services in the fields of social, educational, and cultural development while, at the same time, building a bridge of understanding between Native and non-Native people. The Main Office is located at 427 Mowat Avenue, Fort Frances, Ontario.

<https://unfc.org/welcome-united-native-friendship-centre>

Youth in Transition (YIT) Worker Program



The YIT Workers program was established to support youth in, leaving, and from the care of Children's Aid Societies (CAS) and Indigenous Child and Family Wellbeing Agencies (ICFWA) between the age of 16 and 24. For many ICFWAs, this role/program is delivered by the individual agency; however, across the province the program is delivered by community agencies/organizations that support youth to establish connections, resources, and supports related to housing, education, employment and life skills.

Find a YIT Worker Program Near You

We know that many youths are transient and may move to new regions. This YIT Worker resource map provides you with a full list of YIT worker contacts across the province

[YIT Worker Map - Google My Maps](#)

Section 4: Health and Wellness

Aboriginal Health Access Centres (AHACs)

AHACs provide different types of health and social support services to First Nations, Métis and Inuit communities. Right now, there are 10 AHACs in Ontario. They provide care both on- and off-reserve, in cities, and in rural and northern communities. Services include mental health counselling, traditional healing and addiction programs, and youth empowerment. You don't need a referral, and there are no fees.

Quick Tip!

To book an appointment at an AHAC, go to the website of the Association of Ontario Health Centres, click on "Find A Centre" and then type in your postal code. Under the drop-down menu for "Type", click on Indigenous filter and then click Search.

https://www.allianceon.org/find-a-centre?city=&distance%5Bpostal_code%5D=&distance%5Bsearch_distance%5D=25&distance%5Bsearch_units%5D=km&field_type_of_member_tid=All&field_member_additional_tid%5B%5D=9

Aftercare Benefits Initiative (ABI)

ABI is a comprehensive health and dental benefits program for former youth in care. The program provides a broad range of benefit coverage, including prescription drug, dental, vision, extended health benefits, counselling, and life skills support services. Green Shield Canada provides the health and dental benefits for eligible youth between 21 and 25 years old, and Homewood Health provides the counselling and life skills supports through the Member and Family Assistance Program (MFAP) to eligible youth between 21 and 29 years of age. All services are provided free of charge.

To learn more about eligibility, the program's health benefits, and how to apply visit:

[Aftercare Benefits Initiative – Ontario Association of Children's Aid Societies \(oacas.org\)](https://www.oacas.org/aftercare-benefits-initiative)

Developmental Services Ontario (DSO)

DSO is the access point for adult developmental services funded by the government (MCCSS) in Ontario. If you have a developmental disability, live in Ontario, and are 18 years old you must apply through DSO to see if you are eligible to receive adult ministry-funded supports available in your community.

- **Transitional Planning:** To reduce the service gap between children and adult services, start the application process early and apply at age 16. With all of the correct documents, you can be confirmed eligible for DSO at age 16, however, the services will not start until age 18. Find out more about transitioning from youth to adult services here: <https://www.dsontario.ca/transition-planning>

Unsure where to go or how to apply?

When you connect with your area DSO they will help you:

- understand and complete the application process.
- determine the kind of services and supports you need.
- get access to MCCSS funded services and supports that you need when a spot is available.
- find information in your community.

Find a DSO agency near you: <https://www.dsontario.ca/find-your-dso>

Native Youth Sexual Health Network (NYSHN)

NYSHN is an organization by and for Indigenous youth that works across issues of sexual and reproductive health, rights, and justice. It is an LGBTQ2SQA+-affirming space that offers resources such as a free 'Two Spirit Resources Directory', 'Healthy Sexuality & Fighting Homophobia and Transphobia', the first national campaign for First Nations youth to fight homophobia and transphobia, as well as a 'Two Spirit & Indigenous LGBTQIA Mentors, Elders & Grandparents Support Circle.'

<http://www.nativeyouthsexualhealth.com/>

NWAC: Culturally Safe and Trauma-Informed Knowledge Hub

Here you will find information, resources, and more on all things relating to sexual and reproductive health. Find information on various sexually transmitted and blood-borne infections (STBBIs) for short, as well as information on STBBI prevention, harm reduction, and how to get tested. The Hub also has a section on rights, providing information about an individual's rights when it comes to navigating the health system and having access to information about your sexual and reproductive health in order to make informed choices. This includes understanding all your options when it comes to birth control, contraception, and family planning.

Visit the Knowledge Hub here: [NWAC's Culturally Safe and Trauma-Informed Knowledge Hub](#)

Feeling nervous, stressed, or overwhelmed about finding a healthcare provider?

These feelings are fair and valid. NWAC's Knowledge Hub understands that visiting a healthcare or service provider can be a difficult process for some people. That's why they have created a Map of Services where you can search for clinics and organizations that offer culturally safe and trauma-informed services near you! [Services and Supports Near You - NWAC STBBI](#)

Non-Insured Health Benefits Program (NIHB)

The Non-Insured Health Benefits (NIHB) program provides eligible First Nations and Inuit clients with coverage for a range of health benefits that are not covered through other social programs, private insurance plans, and provincial or territorial health insurance.

- **Learn more about the program:** <https://www.sac-isc.gc.ca/eng/1576790320164/1576790364553>
- **Eligibility:** <https://www.sac-isc.gc.ca/eng/1574187596083/1576511384063>
- **Benefits and Services:** Learn about coverage for drugs, dental and vision care, medical supplies and equipment, mental health counselling and medical transportation.
<https://www.sac-isc.gc.ca/eng/1572545056418/1572545109296>
- **Claims and Reimbursement:** Know how the claims and reimbursement process works.
<https://www.sac-isc.gc.ca/eng/1579811474530/1579811499194>
- **Appealing:** Learn how to appeal a decision when a benefit has been denied.
<https://www.sac-isc.gc.ca/eng/1579792696583/1579792732972>
- **NIHB Contacts:** <https://www.sac-isc.gc.ca/eng/1579274812116/1579708265237>
- **NIHB Resource Guide:** https://fnhda.ca/wp-content/uploads/2015/01/nihb_handbook.pdf

4.1 Addiction and Mental Health

Centre for Addiction and Mental Health (CAMH)



From assessment to brief interventions, inpatient programs, day hospital services, continuing care, outpatient services and family support, CAMH provides a wide range of clinical care services for patients of all ages and families.

- Looking for a specific CAMH service or clinic? Visit their webpage to get started: <https://www.camh.ca/en/your-care/programs-and-services>
- Mental Illness and Addiction Index: get informed with clear, reliable information about mental illness and addiction, including treatment and recovery. Learn more here: <https://www.camh.ca/en/health-info/mental-illness-and-addiction-index>

Gwekwaadziwin Miikan Youth Mental Health & Addiction Program



A 3-phase program that offers land-based treatment, live-in aftercare and community aftercare programs for young adults 19+ struggling with addictions and other mental health issues. The live-in aftercare program and head office is located on the Aundeck Omni Kaning First Nation on Manitoulin Island. Gwekwaadziwin Miikan weaves traditional culture with therapeutic best practices and outdoor experiential learning to offer a full spectrum of care for individuals on their path to recovery.

[Gwekwaadziwin Miikan – Youth Mental Health & Addiction Program](#)

Government of Ontario: Mental Health and Addiction Services for Indigenous Individuals and Families



Visit the website to learn more about residential and non-residential mental health services and support. Get treatment for mental health and addiction, including crisis intervention, suicide prevention and counselling from the list of service providers.

<https://www.ontario.ca/page/mental-health-and-addiction-services-Indigenous-individuals-and-families>

Hope for Wellness Helpline



Offers immediate mental health counselling and crisis intervention to all Indigenous peoples across Canada. Help is available 24/7.

- Phone: 1-855-242-3310
- Live chat: [Hope for Wellness Chat](#)

Kids Help Phone



Kids Help Phone is Canada's only 24/7 e-mental health service offering free, confidential support to young people in English and French.

Services provided:

- professional counselling (available by telephone and online chat)
- mental health education and information
- interactive online tools such as quizzes and games
- peer-to-peer community support forums
- crisis text/phone line

Learn more here: www.kidshelpphone.ca

Need help now?

Start a confidential conversation with a real person you can trust
Call 1-800-668-6868 or text "CONNECT" to 686868

LGBT YouthLine 


Provides peer support by and for 2SLGBTQ+ people 29 and under across Ontario. Trained peer support volunteers with a diversity of 2SLGBTQ+ identities provide a range of supports, including: questioning gender identity/sexual orientation; coming out; mental health; relationships; social isolation; and referrals to further supports. Phone, text, and chat is available from Sunday to Friday, 4:00 pm to 9:30 pm EST.

- Phone: 1-800-268-9688
- Text: 647-694-4275
- Live Chat and website: www.youthline.ca

MNO Mental Health and Addictions Supports 

- *24-Hour Crisis Line*: culturally specific mental health and addiction supports for adults, youth, and families in Ontario (available in English and French). Once connected, services can be delivered in person, over the phone, or by video conference. Call: 1-877-767-7572.
- *Mental Health and Addictions Program*: offered Ontario-wide and includes a wide range of services and supports to Métis children, youth, and adults. Services are delivered in person, over the phone, or by video conference. The MHA Program provides access to comprehensive assessment, treatment, and follow up services from mental health and addictions professionals, many of whom are Métis and/or bilingual. Individual counselling services are offered by Métis clinicians who provide services using a Métis cultural lens. To access support services please call: 1-800-263-4889 Ext. 7

[Métis Nation of Ontario | Mental Health and Addictions Services \(metisnation.org\)](http://metisnation.org)


Mobile Crisis Rapid Response Teams (various regions across Ontario) 

The Mobile Crisis Rapid Response Team (MCRRT) partners a uniformed Ontario Provincial Police officer with an experienced mental health professional to respond as first responders to calls through 911 and at the discretion of the On Duty Sergeant. The program provides persons in crisis, their families, and caregivers with timely and appropriate crisis intervention. The MCRRT attempts to streamline access to mental health crisis supports in emergent situations, helps ensure that the needed level of care is accessible, and helps reduce the number of unnecessary referrals to the emergency department.

Ngwaagan Gamig Recovery Centre Inc. 

Ngwaagan Gamig Recovery Centre Inc. is dedicated to the delivery of culturally based addictions treatment and prevention services. Their vision statement (Niigaan Naab Daa) is to empower individuals and families toward a healthy lifestyle, healing, and wellness, through education and utilizing cultural holistic approaches. Learn more about their programs and supports by visiting the website:

[Welcome to Ngwaagan Gamig Recovery Centre Inc. \(Rainbow Lodge\)](http://www.rainbowlodge.com)

Talk 4 Healing 

Provides support and resources for Indigenous women, by Indigenous women, across Ontario, 24 hours a day, 7 days a week. Services are grounded in Indigenous culture, wisdom and tradition and are available in Oji-Cree, Ojibway, Cree, Algonquin, Inuktitut, Mohawk, Oneida, Odawa, Potawatomi, Micmac, Black Foot, Anishinaabe, Moose Cree, Swampy Cree and English and French

- Phone: 1-855-554-HEAL (4325)
- Text: 1-855-554-HEAL (4325)
- Live Chat and website: www.talk4healing.com

Trans Lifeline 

Trans Lifeline is a trans-led organization that connects trans people to the community, support, and resources they need to survive and thrive.

- Crisis Hotline: 1-877-330-6366
- Website: www.translifeline.org

Wellness Together Canada (WTC) & PocketWell App 

Wellness Together Canada provides free online resources, tools, apps and connections to trained volunteers and qualified mental health professionals when needed. PocketWell is a free companion app to the WTC online portal. This new app provides another way to help Canadians access online mental health and substance use resources and supports, and measure and track aspects of their mental well-being. PocketWell also connects to the WTC portal, allowing access to free and confidential sessions with social workers, psychologists and other professionals, as well as other mental health and substance use services all from their phone.

[Wellness Together Canada | Home](#)

DID YOU KNOW?

First Nation, Métis and Inuit youth may be entitled to funding, supports and services within their communities. If you are supporting an Indigenous youth, it is important to connect them with their home communities through Band Reps, Chief and Council, etc.

Unsure where to start or who to contact?

Use the Ontario First Nations Maps to locate First Nation communities (listed by band number and cultural affiliation i.e., Algonquin, Cree, Ojibway), Tribal Councils, reserves, political organizations (i.e., Union of Ontario Indians, Grand Council Treaty 3), and land covered by specific treaties.

<https://www.ontario.ca/page/ontario-first-nations-maps>

4.2 Relationships, Safety and Anti-Human Trafficking

Addressing Youth Dating Violence: PREVNet 

Through 21 dedicated research projects and a National Youth Advisory Council, PREVNet aims to educate the country about youth dating violence and its associated negative effects. The initiative offers information, toolkits, videos, and more to promote healthy relationships, respect, social responsibility, and citizenship in youth. <https://youthdatingviolence.prevnet.ca/>

Assaulted Women’s Helpline 

Offers crisis counselling, emotional support, safety planning, and referrals to shelters and legal resources for all women in Ontario. Services are available 24 hours a day, 7 days a week, in many languages.

- Toll-free: 1-866-863-0511
- Toronto: 416-863-0511
- Emergency number for Bell, Rogers, Fido and Telus cell phones: SAFE (#7233)
- Website: <https://www.awhl.org/>

Bekaadandang (Being Peaceful) Program: Native Child and Family Services of Toronto 

This program supports individuals at all stages of their healing journeys and offer specialized support to those who have had negative sexual experiences. Staff support community members of all ages who identify as survivors and victims of exploitation, and those at risk for experience of exploitation. The

program focuses on prevention work, through community programming, intervention and healing focused work (though case management and counselling), and public education/awareness. The program is designed according to the teachings of the Cree Medicine Wheel.

- Their multi-service team consists of: Intensive Case Management, Mental Health support, Peer Program Support, Outreach workers, and Indigenous Community Liaisons who support the CARE (Children at Risk of Exploitation) initiative.

Visit <https://nativechild.org/> to learn more about the program and services offered.

Government of Ontario: Community and Indigenous-led Anti-Human Trafficking Service Providers

Find community and Indigenous-led organizations that help survivors of human trafficking. Read the service description to find out what each organization offers.

<https://www.ontario.ca/page/community-anti-human-trafficking-service-providers#section-1>

Need help now?

If you or someone you know needs support or you want to report a potential case, call the **Canadian Human Trafficking Hotline**. The hotline offers confidential, multilingual 24/7 service that connects victims and survivors with social services, law enforcement, and emergency services, as well as receives tips from the public.

- Toll Free: 1-833-900-1010

If there is immediate danger, call 911 or contact your local police service.

Love is Respect

A resource created to disrupt and prevent unhealthy relationships and intimate partner violence by empowering young people through inclusive and equitable education, support, and resources.

Love is respect offers 24/7 information, support, and advocacy to young people between the ages of 13 and 26 who have questions or concerns about their romantic relationships. They also provide support to concerned friends and family members, teachers, counselors, and other service providers through the same free and confidential services via phone, text, and live chat.

- Phone: 1-866-331-9474
- Text: LOVEIS to 22522
- Information, resources, and online tools: <https://www.loveisrespect.org/>

Ontario Ministry of the Attorney General

Offers free legal support for survivors and potential victims of human trafficking. Call the Victim Support Line for information about programs and services for victims of crime and their families.

- Toll Free: 1-888-579-2888

Ontario Native Women's Association

- [Indigenous Anti-Human Trafficking Liaison \(IAHTL\) Program](#) supports Indigenous communities in providing survivor focused and localized responses to Human Trafficking. The IAHTL initiative was created by and for Indigenous people to end Human Trafficking in our communities.
- [Aakwa'ode'ewin \(Courage for Change\) Program](#) supports the unique needs of Indigenous women, youth, and girls that are affected by sexual exploitation. All services provide a trauma-informed, anti-oppressive framework with culture-based practices and models to ensure a seamless integration of cultural and mainstream supports.

Call the ONWA Intake for Human Trafficking toll-free at: 1-800-667-0816 or learn more on their website: <https://www.onwa.ca/learning-resources-ht>

Speak Out: Stop Sex Trafficking Campaign

This campaign focuses on addressing, preventing, and ending the sexual exploitation of Indigenous women and youth. The Speak Out: Stop Sex Trafficking campaign includes resources intended for service providers, caregivers, organizations, and communities. The resources aim to help raise awareness and prevent sex trafficking through information sharing and discussion.

- [Free, printable campaign materials designed by Indigenous artists](#): The posters, flyers and brochure also feature key phrases in Algonquin, Inukituit, Michif, Mohawk, Ojibwe and OjiCree.

To learn more, visit their website: <https://endindigenoustrafficking.com/>

That's Not Cool

An award-winning national public education initiative that partners with young people to help raise awareness and bring educational and organizing tools to communities to address dating violence, unhealthy relationships, and digital abuse. The program's interactive website, tools, and resources support young people as they learn to recognize, avoid, and prevent dating violence in their lives.

That's Not Cool works to lift the voices of the most silenced and marginalized communities of young people including LGBT2SQIA+ youth and Indigenous youth. That's Not Cool also provides tools, resources, and technical assistance to adult allies—such as educators and advocates—working with youth leaders or young people experiencing dating violence. <https://thatsnotcool.com/>

Section 5: Documentation and IDs

As youth embark on their transitional journey to independence, it is important that they can easily access and have copies of their important pieces of documentation, records, and identifications (IDs). The following checklist is intended to be used by CAS or ICWAs youth workers and completed alongside transitional age youth on their caseloads. Youth should receive sufficient support to acquire these records and IDs and complete the checklist well in advance of their 18th birthday, and/or ages out/services are terminated/file is closed. Similar to a portfolio, a physical/hard copy of the documents/records/assessments/IDs should be provided to the youth, preferably in a locked file folder or briefcase. Agencies are encouraged to keep copies of these records in the youth's file as well in case the portfolio is misplaced or damaged.

A printable copy of the checklist can be found in [Appendix D](#).

Section 6: Rights, Legal Services and Resources

Aboriginal Legal Services (ALS)

Aboriginal Legal Services' mission is to strengthen the capacity of the Aboriginal community and its citizens to deal with justice issues and provide Aboriginal controlled and culturally based justice alternatives. [Home — Aboriginal Legal Services](#)

Children and Young Person’s Rights Resource

This youth-friendly resource can help you understand your rights if you are receiving services under the *Child, Youth and Family Services Act, 2017* (CYFSA), such as:

- Part II of the CYFSA: Children’s and Young Persons’ Rights, which outlines the rights of all children receiving services, as well as additional rights for children in care (for example, group care, foster care, and youth justice facilities).
- Part X of the CYFSA: Personal Information, which outlines rights related to the collection, use and disclosure of your personal information.

Parents, caregivers, and staff can also use the rights resource to support and understand the rights of children and young people. <https://www.ontario.ca/page/children-and-young-persons-rights-resource>

Need help or want to know how to make a complaint?

Contact the [Ontario Ombudsman](#) by phone or email.

Toll-free: 1-800-263-2841

Email: cy-ej@ombudsman.on.ca

You should contact the Ontario Ombudsman’s Office if you have a complaint about a service provided by:

- Children’s Aid Society
- group home
- foster home
- secure treatment facility
- youth justice facility

You can also contact the Ombudsman if you have questions about a service provided under the *Child, Youth and Family Services Act, 2017*.

Justice for Children and Youth (JFCY)

Justice for Children and Youth provides select legal representation to low-income children and youth in Toronto and across the province of Ontario. They are a non-profit legal aid clinic that specializes in protecting the rights of those facing conflicts with the legal system, education, social service, or mental health systems. They give summary legal advice, information and assistance to young people, parents (in education matters), professionals, and community groups across Ontario.

JFCY has staff lawyers who represent and advocate for youth under 18 and a lawyer for homeless youth under 25. The Street Youth Legal Services (SYLS) is a program that provides information and services for homeless youth between the ages of 16 - 25. JFCY also has a great online library under “Legal Rights Wiki” which provides information about the legal rights of children and youth in Ontario using child/user-friendly, accessible language (also available in publication format).

If a youth is having a legal problem or has any questions, they can contact JFCY for free.

<https://jfcy.org/en/>

Know Your Rights! United Nations Declaration on the Rights of Indigenous Peoples for Indigenous Adolescents (Guidebook)

Written by Cindy Blackstock, this publication teaches about an important international document called the United Nations Declaration on the Rights of Indigenous Peoples (UNDRIP or Declaration). The Declaration explains how the rights of Indigenous peoples – including Indigenous young people – are to be protected by governments around the world. It applies to Indigenous peoples as individuals and as a group. <https://un-declaration.narf.org/2013un-adolescent-guide/>

Law Society of Ontario (LSO)

The Law Society offers public services such as:

- Complaints, which receives and responds to complaints about lawyers and paralegals
- a comprehensive online directory with lawyer and paralegal contact information
- the Law Society Referral Service, which provides you with the name of a lawyer or paralegal who will provide a free consultation of up to 30 minutes to help you determine your rights and options
- a directory of lawyers who are certified specialists in specific areas of law
- the Compensation Fund, which helps clients who have lost money because of the dishonesty of a lawyer or paralegal.

Call the LSO Toll-free at 1-800-668-7380 or visit their website:

[Law Society of Ontario Home](#) | [Law Society of Ontario \(lso.ca\)](#)

Legal Aid Ontario

Legal Aid Ontario gives low-income people access to a range of legal services tailored to meet their legal needs. To learn more, please see: [Legal Aid Ontario website](#).

Unsure where to go or how to apply?

You can call 416-979-1446, toll free at 1-800-668-8258 or through Bell Relay service at 1-800-855-0511 from Monday to Friday, 8 a.m. to 5 p.m.

Find a Legal Aid Clinic near you: <https://www.legalaid.on.ca/legal-clinics/>

Steps to Justice: Your Guide to Law in Ontario

Step-by-step information about legal problems. Reliable, practical, and easy to understand. Steps to Justice is a collaborative project led by Community Legal Education Ontario (CLEO)

<http://stepstojustice.ca/>

Treaty #3 Oshkinigiig Youth Executive Council's Bill C-92 Youth Toolkit

This toolkit includes information about youth's rights under Bill C-92 (which is now official federal law and formerly referred to as *An Act respecting First Nations, Inuit and Métis children, youth and families*), the Ontario *Child, Youth and Family Services Act 2017*, and Abinoojii Inakonigewin, as well as helpful resources and checklists to answer any questions you may have.

[Bill-C-92-Youth-Toolkit-5.pdf \(gct3.ca\)](#)

Section 7: Resource Navigation Tools

Gathering Communities Making Connections: A Guide for Indigenous Families and Children

This guide was designed to help you connect with Indigenous Communities in Kingston, Tyendinaga, Napanee, Deseronto, Sharbot Lake, and Bancroft. The guide includes listings of Indigenous services, and community-based groups and events. Included are voluntary, community-based activities that are often the essence of sharing and caring Indigenous Communities. In addition, the guide includes some general services for families and children..

<https://kflchildrenandyouthservices.ca/wp-content/uploads/2021/09/AbResourceGuide-4th-edition-v2.pdf>

Kids Help Phone- Resources Around Me

Simply enter a location to search for physical or virtual support programs and services available to kids, teens, and young adults across Canada.

[Resources Around Me - Kids Help Phone](#)

Ontario 211

A free helpline that connects you to community and social services in your area 24 hours a day, 365 days a year, in over 150 languages. Learn more about a wide range of programs and services focusing on the needs of individuals in the First Nations, Inuit, and Métis communities, including counselling, health, housing, legal, educational and crisis services that are near you. Simply dial 211 on your phone to speak with a resource navigator or visit the website.

<https://211ontario.ca/211-topics/Indigenous-peoples/Indigenous-peoples/>

Za-geh-do-win Information Clearinghouse

The Clearinghouse publishes “The Key: Aboriginal Mental Health Services/Support Directory”. An up-to-date version can be ordered for free by calling the Clearinghouse, or you can download a PDF version on their website, under Resources-Library Catalogue.

<http://zicresources.ca/>

Section 8: Financial Support and Funding Opportunities

8.1 Financial Supports for Youth

Continued Care and Support for Youth (CCSY)

Youth who are 18 and transitioning from care may be eligible to receive financial supports of \$850/month, as well as guidance up to the age of 21. These supports are intended to help eligible youth meet their goals in transitioning to adulthood.

Under 18 or have a child?

Jordan's Principle is a child first principle in memory of Jordan River Anderson. It ensures First Nations children and youth receive the public services they need when they need them. All First Nations children and youth (ages 0-18) who live on or off reserve are eligible for a referral. Check out the First Nations Caring Society Resource Guide to learn more about eligibility, what is covered, who to contact and how to apply: https://fncaringsociety.com/sites/default/files/jordans_principle_resource_guide_2021_final.pdf

Inuit Child First Initiative ensures Inuit children have access to the essential government funded health, social and educational products, services and supports they need, when they need them. Visit the website to learn more about eligibility, what is covered, who to contact and how to make a request: <https://www.sac-isc.gc.ca/eng/1536348095773/1536348148664>

Ontario Works (OW)

Learn more about eligibility and how to apply and find information about benefits, financial and employment assistance available through the Ontario Works program.

<https://www.ontario.ca/page/ontario-works>

Ontario Disability Support Program (ODSP)

Learn more about eligibility, how to apply, and find information on income support, benefits for health costs and other disability supports from the ODSP.

<https://www.ontario.ca/page/ontario-disability-support-program>

Ontario Social Assistance Office Finder

To find the OW or ODSP office closest to you, enter your address, postal code, city, town, or First Nation in the line below, and click Search.

<http://www.officelocator.mcass.gov.on.ca/>

Children's Aid Foundation of Canada: TELUS' MOBILITY FOR GOOD

TELUS is working with Children's Aid Foundation of Canada to support young people in their transition out of care by providing free cell phone packages over a two-year period. For more information on eligibility and how to apply go here: <https://www.cafdn.org/for-youth/telus-mobility-good/>

8.2 Funding Opportunities for Indigenous Communities and Agencies

Indigenous Community Support Fund

This fund provides Indigenous leadership and organizations with the flexibility needed to design and implement community-based solutions to prevent, prepare, and respond to the spread of COVID-19 within their communities. These funds can be used for measures including, but not limited to:

- support for Elders and vulnerable community members
- measures to address food insecurity, such as support for the purchase, transportation and distribution of food, and access to traditional foods through hunting and fishing
- educational and other support for children
- mental health assistance and emergency response services
- preparedness measures to prevent the spread of COVID-19

The request process for needs-based support is open and Indigenous communities and organizations can request funding now. A list of Indigenous Community Support Fund distributions to communities and organizations is available.

Learn more about the fund and application process:

<https://www.sac-isc.gc.ca/eng/1585189335380/1585189357198>

Indigenous Peoples Resilience Fund

The Indigenous Peoples Resilience Fund (IPRF), a fund built upon the resiliency of, and guided by Indigenous Peoples to support Indigenous communities and organizations through the current public health crisis. Any Indigenous-led organization working to foster resilience in Inuit, Métis, and First Nations communities anywhere in Canada can apply for resiliency support ranging from \$5,000 to \$30,000. For examples of eligible projects, see the Applicant Guide.

<https://communityfoundations.ca/initiatives/Indigenous-peoples-resilience-fund/>

Laidlaw Foundation: Youth Action Fund

Offers grants to grassroots initiatives working with youth who are under-served by the education system and overrepresented in the justice and child welfare systems. Please visit the website to learn more.

<https://laidlawfdn.org/grants-and-programs.html>

CREation Community Grants Program

A multi-level funding program that supports strengths-based, community-focused, and youth-led projects taking place in communities across Canada. Grassroot youth groups/collectives (comprised of Indigenous youth ages 15-29) are eligible to apply for funding to support community programs and projects while receiving innovative mentorship, training, and capacity-building opportunities. Funding will be provided to projects that seek to create impactful community change and increase the wellness, resiliency, and engagement of Indigenous youth.

- Youth Empowerment Stream: Sprout – \$2,500 grants
- Medium Project Stream – \$30,000 grants
- Large Project Stream – \$75,000 grants

Learn more about the grants and application process: <https://canadianroots.ca/programs/creation/>

Youth Opportunities Fund

The Youth Opportunities Fund (YOF) supports grassroots groups and collaboratives who want to improve the wellbeing of youth and families with a focus on Indigenous and Black communities. This year, grants and capacity-building supports are available through YOF's three grant streams:

- **Youth Innovations Stream**

Through this stream, YOF invests in the work of grassroots groups that are youth-led or youth-adult partnerships by funding projects that test an idea or scale a successful project.

- Test grant: up to \$85,000 per year, for 1 to 3 Years
- Scale grant: up to \$125,000 per year, for 3 to 4 Years
- Expression of Interest deadline: August 24, 2022, at 5 p.m. ET

- **Family Innovations Stream**

Through this stream, YOF invests in the work of grassroots groups led by parents, guardians and/or caregivers to test or scale culturally anchored projects that empower, support, and strengthen families.

- Test grant: up to \$85,000 per year, for 1 to 3 Years
- Scale grant: up to \$125,000 per year, for 3 to 4 Years
- Expression of Interest deadline: August 24, 2022, at 5 p.m. ET

- **System Innovations Stream**

The System Innovations Stream supports collaboratives that are looking to improve the conditions that create barriers to the wellbeing of Indigenous and Black youth. Projects aim to strengthen the quality and responsiveness of systems, for them to work better for youth facing systemic barriers.

- Up to \$250,000 per year, for 2 to 6 years
- Lead Organization Registration Deadline: August 31, 2022
- Required Pre-Application coaching call completed by: August 31, 2022
- Grant Application Deadline: September 20, 2022, at 5 p.m. ET

To learn more about each grant stream, eligibility requirements, and to review application tools, please visit their website: otf.ca/yof or book a one-on-one coaching call with the YOF team at 1-800-263-2887 or yof@otf.ca

BMO Community Giving Grant

With a focus on collaboration, learning and innovation, BMO works with community partners to develop forward-thinking solutions that benefit society through core values of integrity, empathy, diversity, and responsibility, as well as guiding principles around social change, financial resilience, community building and economic impact. Although in Canada BMO only donates to non-profit organizations that are registered charities by Canada Customs & Revenue Agency, under special circumstances, applications from not-for-profit organizations, social enterprises, or other community-based organizations which do not have a charitable registration, will be considered if they are aligned with BMO's objectives and make a meaningful impact in their funding focus areas.

<https://our-impact.bmo.com/our-practices/community-giving/>

TELUS Indigenous Communities Fund

Offers flexible grants up to \$50,000 for Indigenous-led social, health, and community programs. The TELUS Indigenous Communities Fund provides flexible grant funding to Indigenous-led programs supporting Indigenous Peoples in Canada.

Funding is available for projects focused on, but not limited to:

- Health, mental health and well-being
- Access to education and resources
- Community building and enhancement
- Language and cultural revitalization
- Inter-community sharing of cultural stories

Requests eligible for funding:

- Your organization, community group or project supports Indigenous peoples (First Nations, Métis, Inuit) within Canada
- You clearly address a pressing social or well-being need and create measurable community outcomes

Application deadlines

Applications are reviewed two times per year. **NEXT DEADLINE: October 14, 2022.** Learn more here: https://www.telus.com/en/social-impact/giving-back/community-grants/indigenous-communities-fund?INTCMP=tcom_social-impact_community-grants_cta_to_indigenous-communities-fund

The Terrace Community Foundation Grant

This is an apolitical, philanthropic organization whose purpose is to raise funds and bring donors to the table to help build a resilient, resourceful, caring community. In turn, they provide grants to community groups and organizations that cover a broad spectrum of needs. The Terrace Community Foundation will consider grants for projects that encompass one or more of the following themes:

- Health
- Education
- Arts and culture
- Sports and recreation
- Local environment
- Social services

The Terrace Community Foundation supports projects that:

- Provide a service to the community
- Resolve a community challenge

The Terrace Community Foundation will review applications for grant funding twice per year. The deadline for applications is May 1st and November 1st of each year.

(As of 2022, applicants are no longer restricted to one application per year.)

<https://www.terracecommunityfoundation.com/grant-application.html>

Section 9: Appendices

Appendix A: Ministry of Municipal Affairs and Housing Contacts

APPENDIX A: MINISTRY OF MUNICIPAL AFFAIRS AND HOUSING CONTACTS

MUNICIPAL SERVICES OFFICE – CENTRAL

Serving: Durham, Halton, Hamilton, Muskoka, Niagara, Peel, Simcoe, York

777 Bay Street 13th Floor
Toronto, ON M7A 2J3
General Inquiry: 416-585-6226
Toll Free: 1-800-668-0230
Fax: 416-585-6882

Contact: Ian Russell, Team Lead, Regional Housing Services
Tel: 416-585-6965
Email: ian.russell@ontario.ca

MUNICIPAL SERVICES OFFICE – EASTERN

Serving: Cornwall, Hastings, Kawartha Lakes, Kingston, Lanark, Leeds and Grenville, Lennox and Addington, Northumberland, Ottawa, Peterborough, Prescott and Russell, Renfrew

8 Estate Lane, Rockwood House
Kingston, ON K7M 9A8
General Inquiry: 613-545-2100
Toll Free: 1-800-267-9438
Fax: 613-548-6822

Contact: Mila Kolokolnikova, Team Lead, Regional Housing Services
Tel: 613-545-2123
Email: mila.kolokolnikova@ontario.ca

MUNICIPAL SERVICES OFFICE – WESTERN

Serving: Brantford, Bruce, Chatham-Kent, Dufferin, Grey, Huron, Lambton, London, Norfolk, Oxford, St. Thomas, Stratford, Waterloo, Wellington, Windsor

659 Exeter Road, 2nd Floor
London, ON N6E 1L3
General Inquiry: 519-873-4020
Toll Free: 1-800-265-4736
Fax: 519-873-4018

Contact: Tony Brutto, Team Lead, Regional Housing Services
Tel: 519-873-4032
Email: tony.brutto@ontario.ca

MUNICIPAL SERVICES OFFICE – NORTHERN (SUDBURY)

Serving: Algoma, Cochrane, Greater Sudbury, Manitoulin-Sudbury, Nipissing, Parry Sound, Sault Ste. Marie, Timiskaming

159 Cedar Street, Suite 401
Sudbury, ON P3E 6A5
General Inquiry: 705-564-0120
Toll Free: 1-800-461-1193
Fax: 705-564-6863

Contact: Cindy Couillard, Team Lead, Regional Housing Services
Tel: 705-564-6808
Email: cindy.couillard@ontario.ca

MUNICIPAL SERVICES OFFICE – NORTHERN (THUNDER BAY)

Serving: Kenora, Rainy River, Thunder Bay

435 James Street, Suite 223
Thunder Bay, ON P7E 6S7
General Inquiry: 807-475-1651
Toll Free: 1-800-465-5027
Fax: 807-475-1196

Contact: Andrew Carr, Team Lead, Regional Housing Services
Tel: 807-475-1665
Email: Andrew.Carr@ontario.ca

HOUSING PROGRAMS BRANCH – TORONTO

Serving: Toronto

777 Bay Street, 14th Floor
Toronto, ON M7A 2J3
Fax: 416-585-7003

Contact: Bailey Anderson, Account Manager, Regional Services Delivery Unit
Tel: 647-527-1473
Email: bailey.anderson@ontario.ca

Appendix B: Ministry of Children, Community and Social Services Regional Office Contacts

APPENDIX B: MINISTRY OF CHILDREN, COMMUNITY AND SOCIAL SERVICES REGIONAL OFFICE CONTACTS

CENTRAL REGION

Serving: Dufferin, Halton, Peel, Simcoe, Waterloo, Wellington, York

6733 Mississauga Road, Suite 200
Mississauga, ON L5N 6J5
Tel: (905) 567-7177
Fax: (905) 567-3215
Toll Free: 1-877-832-2818
TTY: 905-567-3219

17310 Yonge Street, Unit 1
Newmarket, ON L3Y 7R8
Tel: (905) 868-8900
TTY: (905) 715-7759
Fax: (905) 895-4330
Toll Free: 1-877-669-6658

EAST REGION

Serving: Cornwall, Durham, Hastings, Kawartha Lakes, Kingston, Lanark, Leeds & Grenville,
Lennox & Addington, Northumberland, Ottawa, Peterborough, Prescott & Russell, Prince
Edward County, Renfrew

347 Preston Street, 3rd Floor
Ottawa, ON K1S 2T7
Tel: (613) 234-1188
Fax: (613) 783-5958
Toll Free: 1-800-267-5111

23 Beechgrove Lane
Kingston, ON K7M 9A6
Phone: 1-613-531-5740
Fax: 613-536-7377
Toll-Free: 1-877-345-5622

TORONTO

Serving: Toronto

375 University Avenue, 5th Floor
Toronto, ON M7A 1G1
Tel: (416) 325-0500
Fax: (416) 325-0565
TTY: (416) 325-3600

WEST REGION

Serving: Brantford, Bruce, Chatham-Kent, Grey, Hamilton, Huron, Lambton, London, Niagara, Norfolk, Oxford, St. Thomas, Stratford, Windsor

217 York Street, Suite 203
P.O. Box 5217
London, ON N6A 5R1
Tel: (519) 438-5111
Fax: (519) 672-9510
Toll Free: 1-800-265-4197
TTY: (519) 663-5276

119 King Street West
Hamilton, ON L8P 4Y7
Tel: (905) 521-7280
Fax: (905) 546-8277
Toll Free: 1-866-221-2229
TTY: (905) 546-8276

270 Erie Street East
P.O. Box 1810, Station A
Windsor, ON N9A 7E3
Tel: (519) 254-5355
Fax: (519) 255-1152
Toll Free: 1-800-419-4919
TTY: (519) 907-0205


NORTH REGION

Serving: Algoma, Cochrane, Kenora, Manitoulin-Sudbury, Nipissing, Parry Sound, Rainy River, Sault Ste. Marie, Sudbury, Thunder Bay, Timiskaming

199 Larch Street
10th Floor, Suite 1002
Sudbury, ON P3E 5P9
Tel: (705) 564-4515
Fax: (705) 564-2163
Toll Free: 1-800-461-1167
TTY: (705) 564-3233

621 Main Street West
North Bay, ON
P1B 2V6
Tel: (705) 474-3540
Fax: (705) 474-5815
Toll Free: 1-800-461-6977
TTY: (705) 474-7665

Appendix C: ANCFSAO's Youth Cultural Retreats Flyer



Association of
Native Child and
Family Services
Agencies of
Ontario

SAVE THE DATE & Join us this fall for....

◇

ANCFSAO's

**JR & SR YOUTH
CULTURAL
RETREATS!**

◇

**When: October 14-16 (JR)
October 26-28 (SR)**

**Where: Tim Hortons Foundation
(St. George location)**

**Who: Ages 10-13 (JR)
Ages 14-18 (SR)**

**TO SIGNUP FOR THE EMAIL LIST AND
BE THE FIRST TO KNOW ABOUT
REGISTRATION..**

[CLICK HERE](#)

Appendix D: Documentation and ID Checklist

Documentation and Identification Checklist

Name: _____ Date Completed: _____

Documentation, Records & IDs	YES	NO
PERSONAL IDENTIFICATION		
Copy of Birth Certificate (long form)		
First Nations Status Card and/or Métis Citizenship/Inuit Band Settlement Cards		
Letter of Endorsement/Recognition from Band or FNIM Community		
Social Insurance Number (SIN card)		
Driver's License (if applicable)		
Ontario Photo ID Card		
Passport		
Signed Letter Verifying Status with Children's Aid Society or Indigenous Wellbeing Agency Include the following details: Youth's name Date of birth Confirmation of their former status (e.g., extended society care, protection custody order or customary care agreement, VYSA, CCSY eligibility, etc.)		
HEALTH		
Ontario Health Card (OHIP)		
Immunization/Vaccination Records		
Health Insurance Card and Relevant Documents		

Personal Health Records, Assessments, Diagnosis (where applicable/as needed)		
Psychological/Mental Health Assessments		
Disability Verification Forms		
Dental or Vision		
EDUCATION		
Copy of High School Diploma (if applicable)		
Transcripts and Report Cards		
Psychoeducational Assessments or IEPs (if applicable)		
Student Number		
EMPLOYMENT/HOUSING		
Reference Letters (personal, professional, landlord)		
Recent Pay Stubs or Income Verification Letters (e.g., CCSY, OW/ODSP, etc.)		
Proof of Address. Examples include:		
1. Bank Statement		
2. Hydro/Electricity Bills		
3. Letter from former/current foster parent confirming residence		
Credit Score (if applicable)		
Housing Application/Rental Agreement (if applicable)		
Resume and Cover Letter Templates		
FINANCIAL		

Banking Information		
Tax Forms or Tax Returns		
OTHER		
Legal and/or Youth Justice Court Records (if applicable)		
Genealogy Records (if applicable)		
Adoption Order (if applicable)		

Name of Worker _____

Agency _____

Worker Signature _____

Date Signed _____

Youth Signature _____

Date Signed _____